

Steven L. Sorkin, O.D., FSLs, Dipl. ABO

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PROFESSIONAL AND CLINICAL EXPERIENCES

Corneal Associates of New Jersey • <i>Fairfield, NJ</i>	February 2010 – present
Associates in Eyecare • <i>Union, NJ</i>	June 2002 – February 2010
Eskow and Singer, O.D., P.C. • <i>Paramus, NJ</i>	October 2000 – June 2002
Leonard Strulowitz, O.D., P.A. • <i>Millburn, NJ</i>	November 1997 – October 2000
Wilck & Schwartz, O.D., P.C. • <i>Brooklyn, NY</i>	August 1993 – November 1997

PROFESSIONAL ACTIVITIES

New Jersey Society of Optometric Physicians • <i>Executive Board</i>	2024–present
American Optometric Association • <i>Evidence Based Optometry Committee</i>	2024– present
Gas Permeable Lens Institute • <i>ECP Membership Advisory Committee</i>	2024– present
New England College of Optometry • <i>Adjunct Faculty/Externship Director</i>	2024– present
Salus University • <i>Adjunct Faculty/Externship Director</i>	2021 – present
Journal of Dry Eye and Ocular Surface Disease • <i>Editorial Board</i>	2020 – present
International Keratoconus Academy • <i>Medical Advisory Board</i>	2019 – present
New Jersey Society of Optometric Physicians • <i>Board of Directors</i>	2019 – present
ABO-NCLE • <i>Certified Speaker</i>	2017 – present
American Board of Optometry • <i>Exam Writing Committee</i>	2013 – present
Industry Relations Committee of NJSOP • <i>Member</i>	2006 – 2012
New Jersey Society of Optometric Physicians • <i>Board of Directors</i>	2004 – 2011
Essex County Optometric Society • <i>President</i>	2004 – present
Essex County Optometric Society • <i>Continuing Education Chairman</i>	2000 – present
Essex County Optometric Society • <i>Vice President</i>	2000 – 2003
American Optometric Association • <i>Member</i>	1989 – present

PUBLICATIONS

August 2025	“GLP-1RAs and Ocular Health: Guidance for Optometric Practice”–editor
August 2025	“Orthokeratology: Beyond the Basics” <i>Review of Optometry</i>
August 2024	“Make Specialty Contact Lenses Thrive in Your Practice,” <i>Review of Optometry</i>
May 2024	“A Review of Medications That Can Affect the Cornea,” <i>Modern Optometry</i>
May 2024	“Fitting Custom Soft Lenses,” <i>Contact Lens Spectrum</i>
November 2022	“Personalized Management of Dry Eye Disease: Beyond Artificial Tears,” <i>Clinical Ophthalmology</i>
August 2022	“Dupilumab–Associated Keratoconjunctivitis,” <i>Modern Optometry</i>
April 2021	“Corneal Dystrophies 101,” <i>Modern Optometry</i>

July 2019	“Scleral Lens Management of Ocular Surface Disease,” <i>Optometry Times</i>
Dec. 2018	“Comanagement of the Specialty Contact Lens Patient,” <i>Collaborative Eye</i>
Nov./Dec. 2017	“Ocular Manifestations of Graft vs. Host Disease,” <i>Advanced Ocular Care</i>

PRESENTATIONS AND LECTURES

Oct 2025	Michigan Optometric Association Fall Meeting • Lansing, MI
Oct 2025	“Corneal Side Effects of Systemic Meds” • SUNY Envision • New York NY
Oct. 2025	“Helping Corneal Scars Fade” • American Academy of Optometry • Boston, MA
Sept 2025	“Management of Corneal Hydrops• International Keratoconus Academy
Aug 2025	AACO Conference • Savannah, GA
Apr. 2025	“Recurrent Corneal Erosions” CE wire (virtual)
Mar 2025	Omni Eye Symposium • East Rutherford, NJ
Jan 2025	Arizona Optometric Association Conference • Scottsdale, AZ
Dec 2024	“The Business of Specialty Contact Lenses”NJSOP Fall Managed Care Conference
Nov 2024	“Contact Lens Management of the Surgical Cornea”- AAO • Indianapolis, IN
Oct. 2024	North Dakota Optometric Society Conference • Bismarck, ND
Oct.2024	Northeast Florida Optometric Society Conference • Jacksonville, FL
Sept. 2024	“Scleral Lens Workshop” NJSOP Therapy by the Sea • Atlantic City, NJ
Sept. 2024	“Pain Management in the Optometric Practice” • CE Wire(virtual)
July 2024	Sacramento Valley Optometric Society• Lake Tahoe, CA
June 2024	Optometry’s Meeting• Nashville, TN
May 2024	International Keratoconus Academy• Bethesda, MD
Apr. 2024	Miami Nice Conference, MDOPA• Miami , FL
Mar. 2024	“Contemporary Keratoconus,” WRPOS• Tarrytown, NY
Feb 2024	“Prescribing Controlled and Dangerous Substances” CE Wire (virtual)
Jan. 2024	“Suture Related Complications” Global Specialty Lens Symposium• Las Vegas, NV
Dec. 2023	“The Everyday Challenges of Scleral Lenses” SUNY Optometry• New York, NY
Nov. 2023	“Age Based Infection Management” OSCONY• New York, NY
Oct. 2023	“Fitting Custom Soft Lenses” American Academy of Optometry• New Orleans, LA
Sept. 2023	“Oral Meds in Anterior Segment Disease” • CE Wire (virtual)
Sept 2023	Scleral Lens Workshop, University of Virginia• Charlottesville, VA
Aug. 2023	Scleral Lens Workshop, West Virginia University• Morgantown, WV
Jul. 2023	Scleral Lens Workshop, International Congress of Scleral Contacts• Ft. Lauderdale, FL
June 2023	“Endothelial Keratoplasty-What’s New?” Optometry’s Meeting, AOA• Washington, DC
May 2023	“Unique Uses of Scleral Lenses” Scleral Lens Soiree, Woo University (virtual)
April 2023	Envision Conference, NYSOA• Saratoga Springs, NY
April 2023	South Dakota Spring Symposium, South Dakota Optometric Society•Deadwood, SD
Feb. 2023	Scleral Lens Workshop, Salus University • Elkins Park, PA
Feb. 2023	“Oral Medications Credentialing Course” SUNY• New York, NY
Jan. 2023	“Corneal Ulcer Roundup” Global Specialty Lens Symposium• Las Vegas, NV
Nov. 2022	Scleral Lens Workshop, SUNY College of Optometry • New York, NY
Nov. 2022	“Advances in Anterior Segment,” SUNY College of Optometry • New York, NY
July 2022	“Myopia Management,” Iowa Optometric Association • Omaha, NE

July 2022 “Contemporary Keratoconus,” NJSOP Summer Conference • *Spring Lake, NJ*
 June 2022 Keratoconus Workshop, Salus University • *Elkins Park, PA*
 June 2022 “Anterior Segment Imaging,” American Optometric Association • *Chicago, IL*
 Apr. 2022 “Contemporary Keratoconus,” Suncoast Seminar • *St. Petersburg, FL*
 Apr. 2022 “Recurrent Corneal Erosions,” Pennsylvania Optometric Association • *Lancaster, PA*
 Mar. 2022 “Oral Meds in Anterior Segment Disease,” Rhode Island Optometric Association (virtual)
 Feb. 2022 “Oral Meds in Anterior Segment Disease,” CE Wire (virtual)
 Oct. 2021 “Contact Lens Complications,” NJSOP Annual Convention • *Atlantic City, NJ*
 Sept. 2021 “Oral Meds in Anterior Segment Disease,” Woo University (virtual)
 July 2021 “Corneal Dystrophies,” NJSOP Summer Conference • *Spring Lake, NJ*
 June 2021 “Red Eye Triage,” American Optometric Association • *Denver, CO*
 Oct. 2020 “Anterior Segment Imaging,” Minnesota Optometric Association
 June 2020 “Scleral Lenses for the Paraoptometric,” Optometry’s Meeting
 April 2020 “Specialty Contact Lenses in Anterior Segment Disease,” Eyesight 2020
 Feb. 2020 “Anterior Segment OCT,” Eyeski Conference • *Park City, UT*
 Jan. 2020 “Refractive Surgery Trainwrecks,” Global Specialty Lens Symposium • *Las Vegas, NV*

 Dec. 2019 “Scleral Lenses in Anterior Segment Disease,” Optometric Management Symposium • *Orlando, FL*
 Nov. 2019 “Corneal Dystrophies and Degenerations,” International Summit of Specialty Contact Lenses • *Rome, Italy*
 July 2019 “Oral Medications Update,” NJSOP Summer Conference • *Spring Lake, NJ*
 June 2019 “Recurrent Corneal Erosions,” Optometry’s Meeting • *St. Louis, MO*
 May 2019 Scleral Lens Workshop, Vision by Design • *San Antonio, TX*
 Jan. 2019 “Corneal Transplants,” Global Specialty Lens Symposium • *Las Vegas, NV*
 Oct. 2018 “Corneal Dystrophies and Degenerations,” NJSOP Annual Convention • *Atlantic City, NJ*
 July 2018 “Scleral Lenses Quality of Life,” International Congress of Scleral Contact Lenses, Panel Member • *Fort Lauderdale, FL*
 Feb. 2018 “Specialty Contact Lens Update,” SECO • *Atlanta, GA*
 July 2017 “The Scleral Landing Zone,” International Congress of Scleral Contact Lenses, Panel Member • *Fort Lauderdale, FL*
 June 2017 Scleral Lens Workshop, Specialty Lens Update, Optometry’s Meeting • *Washington, D.C.*
 Oct. 2016 Scleral Lens Workshop, NJSOP Annual Convention
 Oct. 2016 “Oral Meds in Anterior Segment Disease,” Monmouth–Ocean County Optometric Society
 Oct. 2016 “Oral Meds in Anterior Segment Disease,” Essex County Optometric Society
 Oct. 2016 “Scleral Contact Lens Update,” Corneal Associates of New Jersey Fall Symposium
 May 2016 “Keratoconus Update,” Corneal Associates of New Jersey Spring Symposium
 Jan. 2016 “Specialty Contact Lens Update,” Connecticut Optometric Association
 Sept. 2015 “Contact Lens Solutions Update,” NJSOP Therapy by the Sea • *Atlantic City, NJ*
 July 2015 “Therapeutic Uses of Contact Lenses in Compromised Cornea,” NJSOP Summer CE Symposium • *Spring Lake, NJ*

May 2015	"Specialty Contact Lens Update," Dr. Joseph Toland Excellence in Eyecare Program, Salus University • <i>Philadelphia, PA</i>
April 2015	"Specialty Contact Lenses," "Scleral Contact Lenses," Indiana Optometric Association Annual Meeting • <i>French Lick, IN</i>
March 2015	"Fitting Scleral Lenses," SECO 2015 • <i>Atlanta, GA</i>
May 2014	"Care of the Patient With Keratoconus," Corneal Associates of New Jersey Spring Symposium
April 2014	"Therapeutic Uses of Contact Lenses in the Compromised Cornea," Monmouth–Ocean County Optometric Society
March 2014	"Fitting Scleral Contact Lenses," SECO 2014 • <i>Atlanta, GA</i>
Dec. 2013	"Oral Meds in Anterior Segment Disease," Tri County Society of Optometric Physicians
Oct. 2013	"Care of the Patient With Keratoconus," Essex County Optometric Society
Oct. 2013	"Therapeutic Applications of Contact Lenses," Bergen Passaic Society of Physicians
May 2013	"Fitting Scleral Contact Lenses," Corneal Associates of New Jersey Spring Symposium
Oct. 2012	"Anterior Segment Update," St. Barnabas Medical Center Symposium
May 2012	"Scleral Contact Lenses," Corneal Associates of New Jersey Spring Symposium
Jan. 2012	"Cornea Update 2012," Essex County Optometric Society
Nov. 2011	"Specialty Contact Lenses in 2011," Phillips Eye Center Symposium
May 2011	"Oral Medications in Anterior Segment Disease," Corneal Associates of New Jersey Spring Symposium
Feb. 2011	"Therapeutic Applications of Contact Lenses for the Compromised Cornea," Bergen Passaic Society of Optometric Physicians
Jan. 2011	"Therapeutic Applications of Contact Lenses for the Compromised Cornea," Essex County Optometric Society
May 2010	"Recurrent Corneal Erosions," Corneal Associates of New Jersey Spring Symposium
Jan. 2007	"Update on Allergic Conjunctivitis," Essex County Optometric Society

CLINICAL STUDIES

Sept. 2020	<i>Synergeyes</i> • Beta Testing, iD Hybrid Contact Lens
June 2018	<i>Alden</i> • Beta Testing, Zenlens Multifocal
Sept. 2016	<i>Alden</i> • Beta Testing, Zenlens RC scleral contact lens
Jan. 2015	<i>Synergeyes</i> • Beta Testing, Ultrahealth FC hybrid contact lens
Aug.-Dec. 2006	<i>Vistakon</i> • 1-Day Acuvue Moist, Pre-market study evaluating comfort and patient satisfaction for a newly-developed product
Nov.-Jan. 2006	<i>Alcon</i> • Optifree Replenish, Pre-market clinical study evaluating comfort and patient satisfaction for a newly-developed product
Spring 1999	<i>Vistakon</i> • Acuvue Toric, Clinical study evaluating comfort, visual performance, and fitting Acuvue Toric
Winter 1998	<i>Alcon</i> • Optifree, Clinical study evaluating comfort and patient satisfaction of Optifree Solution

HONORS AND AWARDS

2025	Preceptor of the Year • Pennsylvania College of Optometry
2018	Optometrist of the Year • <i>New Jersey Society of Optometric Physicians</i>
2013	New Jersey Local Society of the Year • <i>Essex County Optometric Society</i>
2011	Distinguished Service Award • <i>New Jersey Society of Optometric Physicians</i>
2008	New Jersey Local Society of the Year • <i>Essex County Optometric Society</i>
2005	New Jersey Local Society of the Year • <i>Essex County Optometric Society</i>
1993	Received Clinic Honors in Fort Dix externship rotation
1992	Received Clinic Honors in house “B” rotation consisting of Primary Care Clinic, Ocular Disease, Special Testing Service, Contact Lens Clinic and Dispensing

LICENSURE

- Therapeutic Optometry Licenses in New Jersey, New York, Georgia, and Florida
- TMOD Certification (April 1993)
- Diplomate, American Board of Optometry
- Fellow, Scleral Lens Education Society

EDUCATION

Walson Air Force Hospital • Fort Dix, NJ <i>Clinical Externship</i>	January 1993 – March 1993
Omni Eye Services • Atlanta, GA <i>Clinical Externship</i>	July 1992 – September 1992
SUNY, State College of Optometry • New York, NY <i>Doctor of Optometry</i>	September 1989 – June 1993
SUNY, Binghamton • Binghamton, NY <i>Bachelor of Science in Biology</i>	September 1985 – May 1989